



Whitegate CE Primary School
 "Trusting in God; Growing in Wisdom"

Whitegate C of E Primary School – Physical Education

EYFS Progressive Statement

By the End of Reception children should of met the Early Learning Goals.

ELG:

Physical Development: Moving and Handling-

Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively, including pencils for writing.

Physical Development: Health and Selfcare-

Children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe.

Physical Development: Moving and Handling	Physical Development: Health and Self Care
<p><u>30-50 Months</u></p> <ul style="list-style-type: none"> • Move freely and with pleasure and confidence in a range of ways, such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping. • Mount stairs, steps or climbing equipment using alternate feet. • Walk downstairs, two feet to each step while carrying a small object. • Run skilfully and negotiates space successfully, adjusting speed or direction to avoid obstacles. • Stand momentarily on one foot. • Catch a large ball. • Draw lines and circles using gross motor movements. <p><u>40-60 Months</u></p> <ul style="list-style-type: none"> • Experiment with different ways of moving. • Jump off an object and land appropriately. • Negotiate space successfully when playing racing and chasing games with other children, adjusting speed, or changing direction to avoid obstacles. • Travel with confidence and skill around, under, over and through balancing and climbing equipment. • Show increasing control over an object in pushing, patting, throwing, catching, or kicking it. 	<p><u>30-50 Months</u></p> <ul style="list-style-type: none"> • Observe the effects of activity on their bodies. • Understand that equipment and tools have to be used safely <p><u>40-60 Months</u></p> <ul style="list-style-type: none"> • Show understanding of the need for safety when tackling new challenges and consider and manage some risks. • Show understanding of how to transport and store equipment safely. • Practice some appropriate safety measures without direct supervision.

