



Whitegate Physical Education Curriculum

Year Two

‘Enjoy Achieving Together’

<p>Statutory requirements</p>	<p>Games/Athletics Master basic movements including running, jumping, throwing and catching.</p> <p>Engage in competitive (against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.</p> <p>Participate in team games, developing simple tactics for attacking and defending.</p> <p>Develop balance, agility and co-ordination, and begin to apply these in a range of activities.</p>	<p>Dance Perform dances using simple movement patterns.</p> <p>Children should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and co-ordination, individually and with others.</p>	<p>Gymnastics Develop balance, agility and co-ordination, and begin to apply these in a range of activities.</p>
<p>Year Two</p>	<ul style="list-style-type: none"> • Show increased basic ball skills • Understand the terms 'opponent' and 'team mate' • Develop basic tactics for small team games (football, hockey) • Lead others in small games situations • Set myself targets to improve performance (Golden Mile, athletics) 	<ul style="list-style-type: none"> • Copy and remember moves and positions • Choose appropriate movements to communicate mood/ideas/feelings 	<ul style="list-style-type: none"> • Copy and remember actions • Travel by rolling forwards, backwards, sideways in both directions • Hold a position whilst balancing on different points of my body • Climb safely on large apparatus • Jump and land with control • Stretch and curl to develop increasing flexibility