

My visit to the 2016/17

Primary Skills

Academy

In the half term holidays, I visited the Primary Skills Academy. I played lots of different games using mental as well as physical skills.

I also took part in an activity called the beep test where you have to run back and to across the playground with a speaker which beeps every couple of seconds; on the first beep you start to run, on the second beep if you have not reached the other side of the playground you're out! We also did some orienteering which I enjoyed a lot.

At the end of the day, awards were handed out to the most social, creative and physical people, I won the physical award. Best of all I had fun!

By Sophia