

During the holiday, I was invited to a Primary Performance Academy by Mrs Delf. Harriet and I were chosen to do this to represent the school.

On the very first day I was extremely nervous and scared. The first thing that we did was get to know everybody and meet the leaders. Then we went into the hall and started to work and develop our mental agility skills. After that, we worked on our teamwork and co-operation skills. At the end of the day, there were certificates; one for a healthy person, another one was for good skills and the other two were for social and co-operative skills.

The next day we did an agility test and a cooper run and a bleep test. At the end of that day I was sad to go. I had loved it!

Thomas Deakin